

## JSS AYURVEDA MEDICAL COLLEGE AND HOSPITAL, MYSURU

TIME TABLE of Academic Year 2025-26

2<sup>nd</sup> Time Table - III Prof. BAMS (PROF. BATCH 2021-22) -2<sup>nd</sup> Term

W.E.F.16/01/2026

Day/Time	09.30 am to 10.30 am	10.30 am to 11.30 am	11.30 am to 01.30 pm	01.30 pm to 02.30 pm	02.30 pm to 03.30 pm	03.30 pm to 04.30 pm	04.30 pm to 05.00 pm
<b>MON</b>	<b>SLK - LHT</b> Dr Greeshma Menon (AP) / Dr Chaya C (AP)	<b>PTSR- LHT</b> Dr Nanda K O (AP) / Dr Tejaswini KR (ASP)	<b>NLHP</b> KC/PK/SLK/SL/PTSR/KB (Faculty by rotation)	<b>L U N C H  B R E A K</b>	<b>ST- NLHT</b> AJV/PJ/APP/PKM (Faculty by rotation)	<b>SA - 3 NLHT/ Samhita Parayana</b> Dr Syamily P (AP) / Dr Kavya K (AP)	Mentor - Mentee Meeting/ Recreation
<b>TUE</b>	<b>KC- LHT</b> Dr Beena M D (P)	<b>ST- LHT</b> Dr Siddayya Aradhyamath (P)	<b>NLHP</b> KC/PK/SLK/SL/PTSR/KB (Faculty by rotation)		<b>PTSR - NLHT</b> Dr Usha D T (P)	<b>RM - NLHT</b> Dr Shalini S (ASP)	Physical Education/ Yoga for Fitness
<b>WED</b>	<b>SA - 3 - LHT</b> Dr Syamily P (AP)	<b>KC - NLHT</b> Dr Deepa C Patil (P)	<b>NLHP</b> KC/PK/SLK/SL/PTSR/KB (Faculty by rotation)		<b>KC - NLHP - All Batches</b> (Faculty by rotation)		Library
<b>THU</b>	<b>KB- LHT</b> Dr Visal S Kumar (ASP)	<b>SLK/PK- NLHT</b> Dr Gavimath Shivanand (P) / Dr Sandhyarani (P) / Dr Jyoti (ASP) / Dr Manasa S D (AP)	<b>NLHP</b> KC/PK/SLK/SL/PTSR/KB (Faculty by rotation)		<b>ST - NLHP - All Batches</b> (Faculty by rotation)		Cultural/ Literary
<b>FRI</b>	<b>RM- LHT</b> Dr P Sudhakar Reddy (P)	<b>PK- NLHT</b> Dr Jyoti (ASP)	<b>NLHP / Samhita Parayana</b> KC/PK/SLK/SL/PTSR/KB (Faculty by rotation)		<b>RM - NLHT</b> Dr Soumya MN (ASP)	<b>KC - NLHT</b> NBH / AKP / MGM (Faculty by rotation)	NSS
<b>SAT</b>	<b>PK- LHT</b> Dr Manasa S D (AP)	<b>KB- NLHT</b> Dr Vaisakh K (AP)	<b>NLHP</b> KC/PK/SLK/SL/PTSR/KB (Faculty by rotation)				

**NOTE:** Every Friday Non-Lecture, Hour Practical (KC/PK/SLK/SL/PTSR/KB) - 1.00-1.30 pm Samhita Parayana of respective subjects relevant Shloka Patana will be done.

Every Monday 4.15-4.30 pm Samhita Adhyayana - 3 - Samhita Parayana of respective subject relevant Shloka Patana will be done.

Every Month Thursday NLHT 10.30 to 11.30 am - First two weeks class will be engaged by SLK & Last two weeks classes will be engaged by PK.

**KC**-Kayachikitsa; **PK**-Panchakarma; **PTSR**-Prasuti Tantra and StreeRoga; **KB**-Kaumarabhrithya; **ST**-Shalya Tantra; **SLK**-Shalakyia Tantra; **SA-3**-SamhithaAdhyayana-3; **RM**-Research Methodology;

**LHT** - Lecture Hour Theory; **NLHT** - Non-Lecture Hour Theory; **NLHP** - Non-Lecture Hour Practical.

AJV- Dr Adithya J V; PJ - Dr Poornima Jalawadi; APP - Dr Aiyanna P P; PKM - Dr Poornima PKM; NBH-Dr Netra B Hubballi; AKP- Dr Anukrishna P; MGM - Dr Maithri G M.

**P**=Professor, **ASP**=Associate Professor, **AP**=Assistant Professor.

PRACTICAL						
DAYS	KC	PK	ST	SLK	KB	PTSR
<b>MON</b>	A	B	C	D	E	F
<b>TUE</b>	A	B	C	D	E	F
<b>WED</b>	A	B	C	D	E	F
<b>THU</b>	A	B	C	D	E	F
<b>FRI</b>	A	B	C	D	E	F
<b>SAT</b>	A	B	C	D	E	F
Wednesday (2.30-4.30pm)		KC	A, B, C, D, E, F			
Thursday (2.30 - 4.30pm)		ST	A, B, C, D, E, F			

**NOTE:** If classes are not conducted regularly as per the official timetable, or if a designated faculty member is found to be consistently absent, students are encouraged to report the matter. Please submit your grievance to [president.marbism@ncismindia.org](mailto:president.marbism@ncismindia.org), including your Full Name and Enrollment/Roll Number. (Rest assured the identity of the complaint and the details of the report will be kept strictly confidential).

UG Coordinator

Principal

**Principal/Medical Superintendent**  
**JSS Ayurveda Medical College & Hospital**  
**Ealithadripura Road MYSORE-28**