

UTILITY OF JALOUKAVACHARANA IN NETRA ROGA CHIKITSA

Dr Arun Das

1st PG scholar

PG dept of Shalakyatantra

KAHERs Shri. B.M.Kankanawadi Ayurveda MahavidhyalayaBelgavi

Email ID:drarundasayu@gmail.com

Ph:9164537685

INTRODUCTION: Jaloukavacharana is a form of Raktamokshana, one of the Para surgical procedures mentioned in ayurvedic classics in which pitta and rakta in its vitiated form is let out of the body. And this is being widely practised. Since eye is an organ which is prone to many diseases due to vitiation of pitta and rakta and produces symptoms like pain, redness, burning sensation etc. In the contemporary science the only choice of treatment is analgesics, antibiotics and topical NSAID's which treat only symptomatically and lead to drug sensitivity and resistance. In such a scenario jaloukavacharana can be used which is cheaper, with less side effects and also gives symptomatic relief. Thusjaloukavacharana can be more efficient in netrarogas

KEYWORDS: Netra Roga, Jaloukavacharana, dosa, chikitsa

CONCLUSION: One of the effective forms of treatment, helping in alleviating the doshas and along with raktashodhana and removal of dushitarakta.