

TOPIC : UTILITY OF SHAMANUSHADHIS (HERBAL AND HERBO – MINERALS)
IN SHALAKYA TANTRA

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Abstract:

The entire Ayurveda chikitsa can be broadly divide into two that is shodhanachikitsa and shamanachikitsa. Shodhanachikitsa include all the panchashodhana methods whereas shaman chikitsa includes all other oral and external medications. Taking into account the importance of shaman chikitsa in shalakyatantra (herbal and herbo – mineral), it has got an irreplaceable place in the management of many shalakyatantra related disorders. As far as today's society is considered everyone would not be capable for shodhana therapies, in short shodhanarha. So in these situations these shamanushadhis play a major role in the management of diseases. Apart from this in shalakyatantra local therapies are also important along with other internal medication. These local therapies which include all kriyakalpas and other external application procedures like pratisaranadhoopana also come under the shamanushadhis. In this paper I would like to explain in detail the importance and utility of shamanushadhis in the management of ofurdhwajathruogas or in shalakyatantra.

Key words:- shamanushadhis, shalakyatantra, herbo – minerals.