

## **Indralupta (Alopecia areata) : A Case study treated through Ayurveda.**

### **Abstract**

*Indralupta* is a condition in which hair is lost from some parts of the body usually the scalp. The presentation of the hair shows one or more well defined areas of hair loss on the scalp. Its prevalence in the general population was estimated at 0.1 – 0.2 % with a lifetime risk of 1.7%. *Indralupta* can be correlated to Alopecia areata which is characterized by acquired skin ailment that can affect all hair bearing skin including scalp, beard which is presented by localized areas of non-scarring hairloss. Ayurveda has great potential to treat such case. Here a case of *Indralupta* successfully treated with Ayurveda is recorded and will be presented.

**Keywords :** *Indralupta*, Alopecia areata.