

## Concept of Agni in the treatment of Urdhwanga Rogas

### Role of Agni in Netraroga's

Netra is an important indriya among all. Rupa is artha. Chakshu is the adhistana, agni is dravya(panchapanchaka). It shows that healthy interaction between the pitta and kapha is the basic creation for proper functioning of netra as an indriya. according to vaghbhata, the eye is made up of tejas bhuta, it is the adishtana for alochaka pitta. It shows that a healthy interaction between pitta and kapha is the basic creation for proper functioning of netra as an indriya

Agni is the fire which exists in the shareera. All rogas occur due to hampered agni says vaghbhatakara. Akshirogas are also formed due derangement of agni. With respect to netra rogas two kinds of agni could be considered, one tejas which is present in akshi which is in the form of alochaka pitta, and another is jatharagni which is in the form of pachaka pitta. Where in jatharagni controls all other agnis.

Nidanas like ajeernashana, adhyashana, vidahi vishtambi ahara results in netra rogas. Vegadharana results in netrarogas, especially kshut vega dharana results in timira roga. In all these nidanas agni gets hampered results in dosha dushti reaches netra through siras causing netramayas.

In treating netramayayas focus is given on kayashudhi nothing but antaragni shudhi later stanika chikitsa is been given. Before proceeding for chikitsa sama nirama avastha has to be assessed. After kayashudhi lepa seka abhyanga etc to netra can be done. Chikitsa sutra of abhishyanda says upavasa as first line of treatment except vataja abhishyanda. Hence agni plays a important role in causing and healing of netra rogas. Hence it has to be taken care

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