

ROLE OF JALAUKAVACHARANA IN THE MANAGEMENT OF ANTERIOR UVEITIS

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ABSTRACT

Introduction: Bheshaja, Shastra, Kshara and Agni are four means of treatment according to Acharya Sushrutha. Anushastra karma (parasurgical procedures) means performing surgical procedures without using shastras (sharp/surgical instruments). Acharya Sushrutha mentioned 14 Anushastras among which Ksharakarma, Agnikarma and Jalaukavacharana are given more importance and described in detail.

Jalaukavacharana is done in grathitha and avagadha raktadusti. Detailed description regarding the type of Jalauka and the procedure are available in Sushrutha Samhita. Jalaukavacharana is easy as well as most convenient method of raktamokshana, where blood loss is minimal. Netra being a very important and highly sensitive organ, Jalaukavacharana can be incorporated in all vyadhana sadhya vyadhis.

Anterior uveitis is the inflammation of iris/ ciliary body or both, characterized by blurred vision, pain, ciliary congestion, tenderness, keratic precipitates, aqueous flares and cells. Characteristic feature is the tendency to relapse. If not treated accordingly it leads to complications like posterior synechiae, atrophy of uveal tissue, phthisis bulbi.

Materials and methods: Series of case study.

In this presentation the effectiveness of Jaloukavacharana in anterior uvities conditions certainly with pain and redness are focused.

Conclusion: Present era, due to its minimal invasive technique, accessibility, easy and safety usage these para surgical procedures are gaining popularity. Hence an attempt is made to collect and study all the available information about Jalaukavacharana procedure and its mode of action in Uveitis in this presentation.

Keywords: Anu shastrakarma, Para surgical procedures, Jalaukavacharana, anterior uveitis.