

Oral paper presentation

## Conceptual study on Role of virechana in netrarogas

By,

Dr Padma B.V

1<sup>st</sup> year PG scholar

Dept of shalakya tantra

KHER'S Sri B.M.K Ayurveda mahavidyalayaShahpurBelagavi.

Under the guidance of Dr S.S Anagdi,

HOD Dept Of shalakya.Tantra

### **Need for the study :**

Ayurveda is one of most ancient medical sciences of the world. It consists and describes basics and applied aspect of life process, health, disease and its management in terms of its own principles and approaches. shalakya tantra is a one of the eminent branches of Ayurveda deals with the study of functioning and disease of sense organs. Amongst sense organs eye is given most importance, as when vision loss occurs one will not be able to differentiate day and night and beauty of nature. According to Ayurveda most of eye diseases get originated from agni dusti and its management done w.r.t sthanika dosa pitta associated with kapha and vata,so virechana karma as major role in treating eye diseases.

### **Methods :**

Conceptual study , the data collected from ayurveda texts ,modern books researches and article & internet.

Key words : shalakya tantra,agnidusti,sthani kadosa,virechana karma.

### **Conclusion :**

In digitalized modern era, most of eye diseases originated from improper food habit and life style changes leads to agni dusti so correcting agni and with fruitful treatment of eye diseases virechanakarma as significant role.