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ABSTRACT Title:

“Evaluating clinical efficacy of YastimadhukadyaTailaNasya andNaarasimhaChurnain the management of *Khalitya*”

Background and Objectives:

- ◆ YT is one of the Snehakalpana, prepared by Yastimadhu, Amalaki, MurchitaTilaTaila and Godugdha
- ◆ NC is one of the Churnakalpana, prepared byShatavari, Gokshura, Varahikanda, Guduchi, Shuddha Bhallataka, Chitakamoola, Tila, Trikatu, Sharkara, Madhu, Ghruta and Vidarikanda. Both the Yogas are indicated in Khalitya.

Objectives:

- ◆ To evaluate the efficacy of YastimadhukadyaTailaNasya andNaarasimhaChurna in the management of Khalitya.

Methodology:

a) Preparation of YT:

- TilaTailaMurchana
- Preparation of YT by general method of Sneha preparation

A Pharmaceutico Analytical study of YastimadhukadyaTaila and NaarasimhaChurna and their evaluation of clinical efficacy on Khalitya.

- YT was prepared by Yastimadhu-1 part, Amalaki-1 part, Godugdha-4 parts and MurchitaTilaTaila- 16 parts by general method of SnehaPaka.

b) Preparation of NC:

- The drugs mentioned above are powdered separately, weigh the required quantities of the drugs and mix homogenously along with Madhu-2.1875 parts and Ghruta-1.093 part. Kept in a GhrutaliptaSnigdhaBhanda.

Conclusion:

- ◆ Whatever might be mode of action of the medicaments, results are found better in Group C, compared to Group A and Group B.

Key words : Khalitya, YastimadhukayaTaila, NaarasimhaChurna