

ABSTRACT:

Management of khalitya through Ayurveda- Case study.

In Ayurveda khalitya refers to the condition of hair fall which is explained under the shirorogas. Khalitya is tridoshaja vyadhi along with rakta. The bhrajaka pitta reciting in twacha and romakupa gets vitiated along with vata which results in hair fall. Hair fall is a dermatological slowly progressive disorder that has been recognized more than 2000 years. Its common throughout the world and has been estimated nearly 2%. Susceptibility of hair fall is more in males than in females. Its commonly seen in the age group of 18-40years. Recent survey shows upto 40% of men and 25% of women in India are victims of hair fall. The present study includes 5 patients giving history of hair fall treated with shamana aushadis and the results were effective.