

SIGNIFICANCE OF KRIYAKALPAS IN NETRA ROGAS

Dr Deepak PNath¹, Dr Naveen B S²

***¹PG scholar, ²HOD Dept of Shalakyatantra**

Sri Sri College of Ayurvedic Science and Research

Abstract:

Shalakyatantra deals with the diseases of eye and ENT and its treatment. Eye is considered as the most important sense organ and hence treatments of disorders of eye are described in detail in classics. Kriyakalpas are the special treatment protocols mentioned for treatment of eye disorders. This paper aims to highlight benefits of kriyakalpas with different case studies. Different cases where in kriyakalpas have provided relief to symptoms are brought together and presented to put light to the benefits of the same mentioned in classics. The paper makes a short discussion on the mode of action of kriyakalpas based on its bio availability. The efficacy of the treatment plan is dependent on the method of preparation of drug, mode of administration and matrakaala mentioned in classics. This paper highlights all the above said points with clinically observed cases.

Keywords: kriyakalpa, bioavailability