

# **RASADRAVYAS IN THE MANAGEMENT OF NETRAROGA**

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## **ABSTRACT**

*Ayurveda* classical texts contain the details of medicine to manage the different diseases from the sources like Plants, Marine, Animals, Minerals and Metals. The collection, Purification, preparation and using of the herbo - mineral drugs in the healthcare is a unique contribution of *Ayurveda* through *Rasa Shastra&BhaishajyaKalpana*. All these herbo - mineral medicines are formulated in such a way that it suits well to the body.

The Rasadravyas are important with the speciality of they work in *Alpamatram* (smaller doses), *Arucham* (Taste neutral), can be administered at any time , *Kshipramarogyadayatwa* (helps to speedy recovery).

As per the available references from *Samhithas* and other *Ayurveda* therapeutic references, herbo– mineral preparations can be includes for the *Netrarogas* also. And the *Rasadravyas* mentioned as *Chakshushya* can be treat the *Netrarogas*.

**Keywords:** *Rasa Shastra, Rasa dravya, Netrarogas.*