

ABSTRACT:

Management of Hanusthamba w.s.r to Lock jaw through Nasya and Shamanaushadhi:A case study

Acharya Charaka quoted *Hanustambha* in *Vataja Nanatmaja Vyadhi*. *Hanustambha* refers to the condition of having difficulty in opening the mouth. It can be correlated to lock jaw which is caused due to spasms in the muscles which helps for mastication, Bruxism, stress, excessive chewing etc. The life time incidence of Temporo-mandibular joint disorder is more than 10 million cases per year in India. The symptoms are seen suddenly with chronic *Nidana Sevana*. *Hanustambha* is one of the *urdhwa jatrugata vikara* and *Nasya* is the best treatment for *urdhwa jatrugata vikaras*. Two patients with lock jaw were successfully treated with *Nasya* and *Shamanaushadhis*.