

**TITLE: -UTILITY AND APPLICABILITY OF RASNADI CHOORNAM THALAM AS
LOCAL TREATMENT IN THE MANAGEMENT OF SHIRASHOOLA – A CASE REPORT**

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ABSTRACT: -Shirashoola is one of the common health problem which affect the quality of life of the patient.Ayurveda acharyas described Shirashoola under Shirorogas. Thalam is an effective treatment modality of Shiras which involves the application of medicine over the shallow depression or Bregma of head. It is established itself as an exceptional therapeutic modality. Patient was suffering with history of severe throbbing type of head ache especially in the early morning.Associatedcomplaints was discharge from eyes and nose, heaviness of head.He was getting the attack twice or thrice in a month since 2yrs.By using Rasnadichoornammixed Nimbamruthadi ErandatailamasThalamin the evening for 7 days with internal medicines there was a markable change in the symptoms, and reduction in the intervals of the attack.Advised the patient for continuing the internal medicines for 3 months and to repeat the course of thalam after 3 months.Advised general pathyas

Keywords: rasnadichoornam,thalam,shirashoola,shiroroga,,nimbamruthadi erandam