

ABSTRACT:

CONSERVATIVE MANAGEMENT OF OTITIS MEDIA- AYURVEDA AND CONTEMPORARY VIEW

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Otitis media refers to inflammation of middle ear cleft. Most common infection in children but also a leading cause of hearing loss. It is single most important cause for deafness in rural population. Karnasrava is one among 28 karnarogas described by Acharya Sushruta, Vagbhata has not mentioned karnasrava as a separate disease, but has explained about karnasravachikitsa. Charaka there are 4 types of karnaroga. Ayurveda presents a similar condition namely Karnasrava which resembles to otitis media on the basis of etiology and clinical manifestations. Ayurveda describes handful of modalities to be used in it with good outcome. These modalities include use of oral and topical drugs, special cleansing procedures and systemic approach.

Keywords: Otitis Media, Karnasrava, Dhoompana, Karnasra Poorana, Shirovirechana